

Lancaster Health Center

Meet the Staff



Susan Boyer, MSN, NP

Nurse Practitioner

Susan Boyer has over twenty-two years' experience as a board-certified family nurse practitioner. Ms. Boyer graduated Magna Cum Laude with a B.S.N from Temple University and obtained her Master of Science and Nursing from Widener University. Ms. Boyer's extensive experience in clinic and family practice settings has fostered a great appreciation for working with and providing care to a diverse population. She is certified in Massachusetts and Pennsylvania and currently accepting new patients.



Michalia Humphrey, MHS, PA-C

Physician Assistant

Michalia Humphrey is a Physician Assistant specializing in obesity and weight loss-based medicine. She is certified by the National Commission on Certification of Physician Assistants (NCCPA) and is a member of the American Academy of Physician Assistants (AAPA) and Obesity Medicine Association. Michalia completed her undergraduate degree at Albright College in Psychology and Biology. She earned her Master's in Physician Assistant studies from the Philadelphia College of Osteopathic Medicine.



Kelly Dickson, RD

Registered Dietitian

Kelly Dickson is a registered dietitian. Since 2011, Kelly has worked closely with the community of York, Pennsylvania to improve individual weight and health management, provide nutrition coaching, as well as counseling for chronic disease management. She has facilitated education programs on and developed materials for weight management, bariatric surgery, and diabetic care. Kelly enjoys public speaking and educating the community on the benefits of preventative care for improved healthcare outcomes.



Sarah Peele, RDN

Registered Dietitian Nutritionist

Sarah is a Registered Dietitian Nutritionist (RDN), journalist, and wellness enthusiast. She completed her undergraduate degree in dietetics at the University of Tennessee at Chattanooga and her Dietetic Internship (DI) with the University of Tennessee at Martin. She enjoys practicing medical nutrition therapy, weight loss counseling, and sports nutrition coaching. Sarah's current career as a dietitian intertwines with her background in journalism as she enjoys writing articles that reflect current nutrition research in a more approachable and actionable way for her readers.



Jenniffer Nixon, LPN

Licensed Practical Nurse & Health Center Manager

Jenniffer Nixon is a licensed practical nurse with over 15 years experience in different medical settings such as family medicine, OBGYN, infertility and mental health. Nursing is not only a career, but a passion for Jenniffer. She is the voice of her patients and takes pride in that. In her free time, she enjoys being a mom, new adventures, cooking and reading.

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